

## Getting Help

New Orleans Family Justice Center\*  
(safety planning, legal services, & referrals)

504.592.4005

Ask for Jennifer Taylor,

Speak Up! Teen Dating Violence Prevention  
Program Coordinator

Crescent House Healing &  
Empowerment Center\*

Local Domestic Violence Crisis Line  
504.866.9554

\*Parental Consent is required for  
resources (ages 17 & under)

National Teen Dating Abuse  
Helpline

1.866.331.9474

[www.loveisrespect.org](http://www.loveisrespect.org)

Text "loveis" to 22522

National Domestic Violence Hotline

1.800.799.7233 (SAFE)

Rape, Abuse, and Incest National  
Network (RAINN)

1.800.656.4673 (HOPE)

Break the Cycle

[www.breakthecycle.org](http://www.breakthecycle.org)

Encouraging teens to...



against teen dating violence



NEW ORLEANS  
FAMILY JUSTICE CENTER

[nofjc.org](http://nofjc.org)



[/speakupnofjc](https://www.facebook.com/speakupnofjc)

[@speakupnofjc](https://twitter.com/speakupnofjc)

701 Loyola Ave., Suite 201

New Orleans, LA 70113

504-592-4005

CRISIS LINE

24 hour assistance

504-866-9554

NEW ORLEANS  
FAMILY JUSTICE CENTER



SEEKING JUSTICE  
RESTORING HOPE

SPEAK UP!

TEEN DATING ABUSE  
PREVENTION PROGRAM



"Encouraging Teens to Speak Up!  
Against Teen Dating Violence"

## What is Speak Up!

Speak Up! Teen Dating Violence Prevention Program is a New Orleans Family Justice Center Teen Initiative dedicated to raising awareness and preventing teen dating violence in the metropolitan New Orleans area with a holistic approach. We strive to combat the issue of adolescent dating violence in New Orleans by providing a myriad of services.

**School & Community Based Training-** provides training to school faculty and the community in order to understand, recognize, and address teen dating violence.

**Safe Dates: An Adolescent Dating Abuse Prevention Curriculum-** a 10-session research based dating abuse prevention curriculum that addresses the attitudes and behaviors that are associated with teen dating abuse and violence. This curriculum provides students (grades 7-12<sup>th</sup>) with the tools needed in the prevention and intervention efforts of teen dating violence.

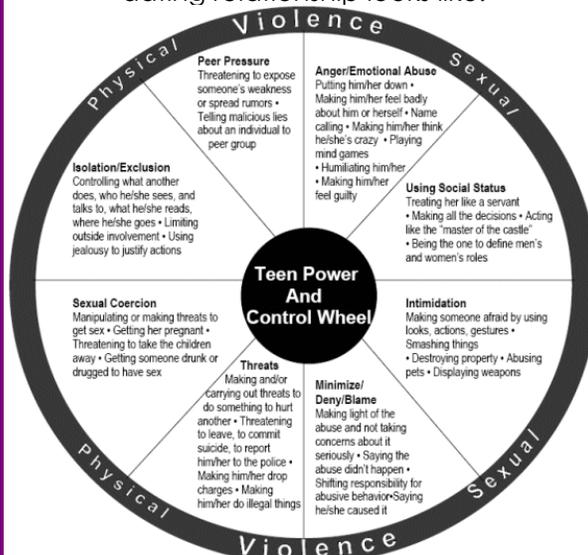
**Speak Up! Resource Center-** provides information to teens (grades 7-12<sup>th</sup>) on how to stay safe by creating a safety plan, building a support system, and accessing legal services (restraining order, custody agreement, and legal advice).

**Teen Dating Abuse Policy Initiative-** assists schools in developing a policy to effectively respond to teen dating violence on school campuses or school related activities.

**Teen Dating Abuse Research-** strives to collect data in order to enhance responses of teen dating violence.

## Teen Power & Control Wheel

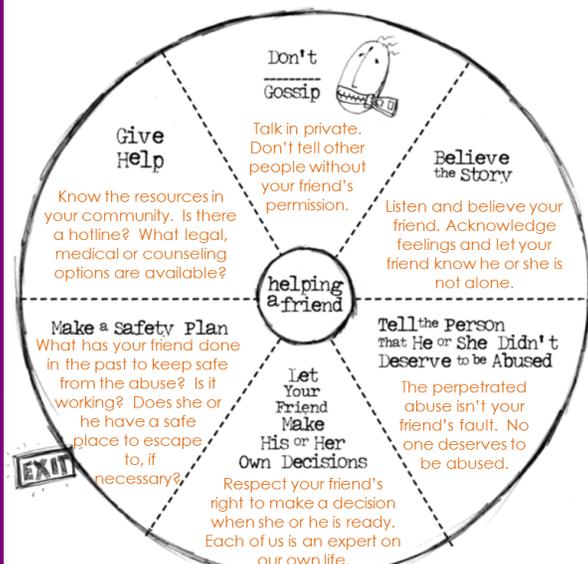
Represents a snapshot of what a violent teen dating relationship looks like.



Developed from: Domestic Abuse Intervention Project

## Helping a Friend

There are 6 ways you can help a friend who is in an abusive relationship.



Adopted from the Safe Dates Curriculum

## What is Teen Dating Abuse?

Dating abuse is a pattern of actual or threatened acts of physical, sexual, and/or emotional abuse, perpetrated by an adolescent against a current or former dating partner. The abusive teen uses this pattern of violent and coercive behavior, in a heterosexual or same gender dating relationship, in order to gain power and maintain control over the dating partner.

## Is Teen Dating Abuse only Physical?

No. There are several types of abuse:

- **Physical Abuse-** Any intentional, unwanted contact with your body by either the abuser or an object within the abuser's control. (Choking, hitting, shoving, etc.)
- **Emotional/ Verbal Abuse-** Anything the abuser says or does that causes you to be afraid, lowers your self-esteem, manipulates, or controls your feels or behavior. (Threats, insults, "checking in", excessive texting, humiliation, isolation, etc.)
- **Digital Abuse:** The use of technology such as texting and social networking to bully, harass, stalk or intimidate a partner.
- **Sexual Abuse:** Any action that impacts a person's ability to control their sexual activity or the circumstances in which sexual activity occurs, including restricting access to birth control or condoms.
- **Stalking:** Being repeatedly watched, followed or harassed.
- **Financial:** Using money or access to accounts to gain power and control over a partner.

*Unhealthy relationships can start early and last a lifetime. Teens often think some behaviors, like teasing and name calling, are a "normal" part of a relationship. However, these behaviors can become abusive and develop into more serious forms of violence.*